

ITN Marie Curie Project **Edulia** Final Conference 2022



Grand Hotel Mediterraneo, Florence - Italy

Tuesday 21 st June			
Time	Program	Presenter / Moderator	
0900 - 0930	Registration and Coffee/tea		
0930 - 0945	Welcome Address from Coordinator and host institution	Paula Varela – <i>Nofima ¹ and</i> Sara Spinelli – <i>UniFi ²</i>	
0945 - 1000	The Edulia project "Bringing down barriers to children healthy eating"	Paula Varela – <i>Nofima</i> ¹	
1000 - 1040	What veggies would teens like? Factors affecting vegetable preference and intake in European adolescents – evidence from the VeggiEat Project	Caterina Dinnella – <i>UniFi</i> ²	
1040 - 1100	Coffee break		
1100 - 1200	 Session 1 - Driving healthy eating through sensory pleasure Food preferences and healthy choices Taste sensitivity and food preferences in preadolescents Parental restriction of children's access to sweet foods: A good strategy to reduce sugar intake and sweetness liking in young children? 	Moderator: Gerry Jager – WUR ³ Valérie L. Almli – Nofima ¹ Ervina – Nofima ¹ Carina Mueller – WUR ³	
1200 - 1215	Break		
1215 – 1330	 Session 2 - Supporting a healthy start in life (parents & peers) The role of social marketing approaches in healthy eating: the case of parents, children, and families 	Moderator: Alice Grønhøj – AU ⁴ Jessica A. Witzel – AU ⁴	
	 Andreia – new parents eating behaviour "At least taste the food" - Maternal and paternal feeding practices for pre-schoolers. New insights from France and Denmark 	Andreia Ferreira de Moura – AU ⁴ Kaat Philippe – <i>INRAE</i> ⁵	
	 Children's food-related socialization and eating behaviour: The role of family and peers 	Tija Rageliene and Alice Grønhøj – AU ⁴	
1330 - 1430	Lunch		
1430 - 1545	 Session 3 - Promoting healthier environments Facilitating healthier food environments to encourage healthier eating among young people Pre-adolescents and dealing with the tempting food 	Moderator: Leticia Vidal – <i>Udelar</i> ⁶ Ellen van Kleef – <i>WUR</i> ³ Roselinde van Nee – <i>WUR</i> ³	
	 environment: Role of parents, autonomy and nudging Tackling sugar reduction of products targeted at children Labelling regulations to promote healthier eating habits in childhood and beyond 	Ana Laura Velázquez – <i>Udelar</i> ⁶ Gastón Ares – <i>Udelar</i> ⁶	
1545 - 1600	Coffee break		
1600 - 1645	Flash presentations	Moderator: Eva Hnatkova - <u>Eurodoc</u>	
1645 - 1700	Summary and wrap-up of Day 1		



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Wednesday 22 nd June			
Time	Program	Presenter / Moderation	
0900 - 0905	Welcome Day 2	Paula Varela – <i>Nofima ¹</i> and Sara Spinelli – <i>UniFi ²</i>	
0905 - 0945	Early development of children's food preferences and eating habits	Sylvie Issanchou – INRAE ⁵	
0945 - 1000	Break		
1000 - 1100	Session 4 - Empowering children and parents through food knowledge	Moderator: Sophie Nicklaus – INRAE ⁵	
	Introduction by Jeremie	Jeremie Lafraire – <i>IPBR</i> ⁷	
	 Boosting food knowledge – Abi 	Abigail Pickard – IPBR ⁷	
	 A first step toward children's healthy eating: evaluating the power of public health communication to increase parental knowledge about best practice - Sofia 	Sofia De Rosso – <i>INRAE</i> ⁵	
1100 - 1130	Coffee break		
1130 - 1230	Session 5 - New methods for sensory and affective testing with children	Moderator: Erminio Monteleone – UniFi ²	
	 Developing age-appropriate methods for sensory and affective testing with children 	Sara Spinelli – <i>UniFi</i> ²	
	 Indirect vs. questionnaire-based methods to assess food acceptance in preadolescents 	Martina Galler – <i>Nofima</i> ¹	
	 A novel tool to measure food-elicited emotions in children: the emoji group questionnaire 	Julia Sick – <i>UniFi</i> ²	
1230 - 1330	Lunch		
1330 - 1430	Round table: Translating science into practice, how to increase the impact of children healthy eating research: the future? strategies to promote healthy eating in children and	Moderator: Wenche Hægermark – Nofima ¹ Eugénie Cornu (Vitagora), Joanna	
	families?	Kaniewska, Hely Tuorila, Marie Laure Frelut, Gerry Jagar – WUR ³, Alice Grønhøj – AU ⁴	
1430 – 1445	Break		
1445 – 1530	Flash presentations	Moderator: Eva Hnatkova - <u>Eurodoc</u>	
1530 – 1600	Summary of Round table	Wenche Hægermark and Ingunn Berget – <i>Nofima</i> ¹	
	Bringing down barriers to children healthy eating: What's next?	Paula Varela – <i>Nofima</i> ¹	
1600	Goodbye		

¹ Nofima, The Norwegian Institute of Food, Fisheries and Aquaculture Research, Norway; ² UniFi, Università degli Studi di Firenze - University of Florence, Italy; ³ WUR, Wageningen University & Research, Netherlands; ⁴ AU, Aarhus Universitet - Aarhus University, Denmark; ⁵ INRAE, l'institut national de recherche pour l'agriculture, l'alimentation et l'environnement, French National Institute for Agriculture, Food and Environment, France; ⁶ Udelar, Universidad de la Republica - University of the Republic, Uruguay; ¹ IPBR, L'Institut Paul Bocuse - Institut Paul Bocuse, France