



## ITN Marie Curie Project **Edulia** Final Conference 2022

*Grand Hotel Mediterraneo, Florence - Italy*



### Tuesday 21<sup>st</sup> June

Time	Program	Presenter / Moderator
0900 - 0930	Registration and Coffee/tea	
0930 - 0945	<b>Welcome Address from Coordinator and host institution</b>	Paula Varela – Nofima <sup>1</sup> and Sara Spinelli – UniFi <sup>2</sup>
0945 - 1000	<b>The Edulia project “Bringing down barriers to children healthy eating”</b>	Paula Varela – Nofima <sup>1</sup>
1000 - 1040	<b>What veggies would teens like? Factors affecting vegetable preference and intake in European adolescents – evidence from the VeggiEat Project</b>	Caterina Dinnella – UniFi <sup>2</sup>
1040 - 1100	Coffee break	
1100 - 1200	<b>Session 1 - Driving healthy eating through sensory pleasure</b>	Moderator: Gerry Jager – WUR <sup>3</sup>
	<ul style="list-style-type: none"> <li>Food preferences and healthy choices</li> </ul>	Valérie L. Almlí – Nofima <sup>1</sup>
	<ul style="list-style-type: none"> <li>Taste sensitivity and food preferences in preadolescents</li> </ul>	Ervina – Nofima Nofima <sup>1</sup>
	<ul style="list-style-type: none"> <li>Parental restriction of children’s access to sweet foods: A good strategy to reduce sugar intake and sweetness liking in young children?</li> </ul>	Carina Mueller – WUR <sup>3</sup>
1200 - 1215	Break	
1215 – 1330	<b>Session 2 - Supporting a healthy start in life (parents &amp; peers)</b>	Moderator: Alice Grønhøj – AU <sup>4</sup>
	<ul style="list-style-type: none"> <li>The role of social marketing approaches in healthy eating: the case of parents, children, and families</li> </ul>	Jessica A. Witzel – AU <sup>4</sup>
	<ul style="list-style-type: none"> <li>New parents’ eating behaviour: It’s time to stop blaming the parents</li> </ul>	Andreia Ferreira de Moura – AU <sup>4</sup>
	<ul style="list-style-type: none"> <li>"At least taste the food" - Maternal and paternal feeding practices for pre-schoolers. New insights from France and Denmark</li> </ul>	Kaat Philippe – INRAE <sup>5</sup>
	<ul style="list-style-type: none"> <li>Children's food-related socialization and eating behaviour: The role of family and peers</li> </ul>	Tija Rageliene and Alice Grønhøj – AU <sup>4</sup>
1330 - 1430	Lunch	
1430 - 1545	<b>Session 3 - Promoting healthier environments</b>	Moderator: Leticia Vidal – Udelar <sup>6</sup>
	<ul style="list-style-type: none"> <li>Facilitating healthier food environments to encourage healthier eating among young people</li> </ul>	Ellen van Kleef – WUR <sup>3</sup>
	<ul style="list-style-type: none"> <li>Pre-adolescents and dealing with the tempting food environment: Role of parents, autonomy and nudging</li> </ul>	Roselinde van Nee – WUR <sup>3</sup>
	<ul style="list-style-type: none"> <li>Tackling sugar reduction of products targeted at children</li> </ul>	Ana Laura Velázquez – Udelar <sup>6</sup>
	<ul style="list-style-type: none"> <li>Labelling regulations to promote healthier eating habits in childhood and beyond</li> </ul>	Gastón Ares – Udelar <sup>6</sup>
1545 - 1600	Coffee break	



## ITN Marie Curie Project **Edulia** Final Conference 2022



*Grand Hotel Mediterraneo, Florence - Italy*

Tuesday 21 <sup>st</sup> June		Place:
Time	Program	Presenter / Moderator
1600 - 1645	<b>Flash presentations</b>	<i>Moderator: Paula Varela – Nofima<sup>1</sup></i>
	<ul style="list-style-type: none"> <li>The effect of models' positive facial expressions whilst eating a raw vegetable on children's acceptance and intake of the modelled vegetable</li> </ul>	<i>Katie Edwards – Aston University</i>
	<ul style="list-style-type: none"> <li>School meal acceptance among 7-12-year-old children and correlation with plate waste in Swiss school canteens</li> </ul>	<i>Eugenia Harms – Bern University of Applied Sciences</i>
	<ul style="list-style-type: none"> <li>A multicriteria reformulation approach to provide healthier food for children aged 7-12 years old while maintaining sensory perception and liking – A case study on cookies</li> </ul>	<i>Carole Liechti – AgroParisTech</i>
	<ul style="list-style-type: none"> <li>Appetite in Preschoolers: Producing Evidence for Tailoring Interventions Effectively - the APPETitE Study Protocol</li> </ul>	<i>Abigail Pickard – Aston University</i>
	<ul style="list-style-type: none"> <li>Taste education to combat fussy eating - success of a food based-intervention in a school setting with parent-child dyads</li> </ul>	<i>Berglind Lilja Guðlaugsdóttir and Anna S Olafsdóttir – University of Iceland</i>
<b>1645 - 1700 Summary and wrap-up of Day 1</b>		

<sup>1</sup> Nofima, The Norwegian Institute of Food, Fisheries and Aquaculture Research, Norway; <sup>2</sup> UniFi, Università degli Studi di Firenze - University of Florence, Italy; <sup>3</sup> WUR, Wageningen University & Research, Netherlands; <sup>4</sup> AU, Aarhus Universitet - Aarhus University, Denmark; <sup>5</sup> INRAE, l'institut national de recherche pour l'agriculture, l'alimentation et l'environnement, French National Institute for Agriculture, Food and Environment, France; <sup>6</sup> Udelar, Universidad de la Republica - University of the Republic, Uruguay; <sup>7</sup> IPBR, L'Institut Paul Bocuse - Institut Paul Bocuse, France; <sup>8</sup>WUR-FBR, Wageningen Food & Biobased Research)



## ITN Marie Curie Project **Edulia** Final Conference 2022

*Grand Hotel Mediterraneo, Florence - Italy*



### Wednesday 22<sup>nd</sup> June

Time	Program	Presenter / Moderation
0900 - 0905	<b>Welcome Day 2</b>	<i>Paula Varela – Nofima<sup>1</sup> and Sara Spinelli – UniFi<sup>2</sup></i>
0905 - 0945	<b>Early development of children's food preferences and eating habits</b>	<i>Sylvie Issanchou – INRAE<sup>5</sup></i>
0945 - 1000	<i>Break</i>	
1000 - 1100	<b>Session 4 - Empowering children and parents through food knowledge</b>	<i>Moderator: Sophie Nicklaus – INRAE<sup>5</sup></i>
	<ul style="list-style-type: none"> <li>Knowledge gaps and food rejection in young children</li> </ul>	<i>Jeremie Lafraire – IPBR<sup>7</sup></i>
	<ul style="list-style-type: none"> <li>Boosting food knowledge in children</li> </ul>	<i>Abigail Pickard – IPBR<sup>7</sup></i>
	<ul style="list-style-type: none"> <li>Evaluating the power of public health communication to increase parental knowledge</li> </ul>	<i>Sofia De Rosso – INRAE<sup>5</sup></i>
1100 - 1130	<i>Coffee break</i>	
1130 - 1230	<b>Session 5 - New methods for sensory and affective testing with children</b>	<i>Moderator: Erminio Monteleone – UniFi<sup>2</sup></i>
	<ul style="list-style-type: none"> <li>Developing age-appropriate methods for sensory and affective testing with children</li> </ul>	<i>Sara Spinelli – UniFi<sup>2</sup></i>
	<ul style="list-style-type: none"> <li>Indirect vs. questionnaire-based methods to assess food acceptance in preadolescents</li> </ul>	<i>Martina Galler – Nofima<sup>1</sup></i>
	<ul style="list-style-type: none"> <li>A novel tool to measure food-elicited emotions in children: the emoji group questionnaire</li> </ul>	<i>Julia Sick – UniFi<sup>2</sup></i>
1230 - 1330	<i>Lunch</i>	
1330 - 1430	<b>Round table: Translating science into practice, how to increase the impact of children healthy eating research</b>	<i>Moderator: Wenche Hægermark – Nofima<sup>1</sup> Discussants: Eugénie Cornu (Vitagora), Joanna Kaniewska (European Public Health Alliance), Hely Tuorila (U. Helsinki), Gerry Jager (WUR<sup>3</sup>), Alice Grønhøj (AU<sup>4</sup>), Gertrude Zeinstra (WUR-FBR<sup>8</sup>)</i>
1430 – 1445	<i>Break</i>	
1445 – 1530	<b>Flash presentations</b>	<i>Moderator: Valerie Almlí – Nofima<sup>1</sup></i>
	<ul style="list-style-type: none"> <li>Food Education in schools: why do some headteachers make this a priority?</li> </ul>	<i>Jason O'Rourke – Washington Academy</i>
	<ul style="list-style-type: none"> <li>Preschool children's boredom-induced emotional eating in a laboratory setting</li> </ul>	<i>Rebecca Stone – Aston University</i>



## ITN Marie Curie Project **Edulia** Final Conference 2022



*Grand Hotel Mediterraneo, Florence - Italy*

Wednesday 22 <sup>nd</sup> June		
Time	Program	Presenter / Moderation
	<b>Flash presentations cont.</b>	<i>Moderator: Valerie Almlí – Nofima<sup>1</sup></i>
	<ul style="list-style-type: none"> <li>Nutritional Quality and Degree of Processing of Children's Foods Assessment on the French Market</li> </ul>	<i>Celine Richonnet – CEDE Club Européen des Diététiciens de l'Enfance</i>
	<ul style="list-style-type: none"> <li>Food rejection and categorization: the mediating role of cognitive flexibility</li> </ul>	<i>Damien Foinant – Université Bourgogne Franche-Comté - LEAD</i>
1530 – 1600	<b>Summary of Round table</b>	<i>Wenche Hægermark and Ingunn Berget – Nofima<sup>1</sup></i>
	<b>Bringing down barriers to children healthy eating: What's next?</b>	<i>Paula Varela – Nofima<sup>1</sup></i>
1600	<b>Goodbye</b>	

<sup>1</sup> Nofima, The Norwegian Institute of Food, Fisheries and Aquaculture Research, Norway; <sup>2</sup> UniFi, Università degli Studi di Firenze - University of Florence, Italy; <sup>3</sup> WUR, Wageningen University & Research, Netherlands; <sup>4</sup> AU, Aarhus Universitet - Aarhus University, Denmark; <sup>5</sup> INRAE, l'institut national de recherche pour l'agriculture, l'alimentation et l'environnement, French National Institute for Agriculture, Food and Environment, France; <sup>6</sup> Udelar, Universidad de la Republica - University of the Republic, Uruguay; <sup>7</sup> IPBR, L'Institut Paul Bocuse - Institut Paul Bocuse, France; <sup>8</sup>WUR-FBR, Wageningen Food & Biobased Research)